



Hello Everyone,

We hope everyone is doing well and enjoying the short breaks of sunshine! We hope no-one suffered any damage from the earthquake we had a couple weeks back!

Now, do you have a sweet tooth? If so, you're in luck, this week's activity pack is full of sweet surprises! Yummy!

With this week's pack, you have a delicious treat to enjoy. Don't say we don't treat you well, 'Hehe'.

We look forward to seeing you all!

Take Care and Enjoy!

The Caladenia Team

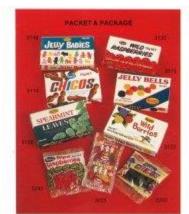




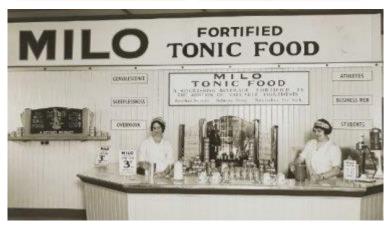
As a schoolgirl in the early '70s, Toni Risson would buy a Cobber for a cent, nibble off the chocolate coating and try to make the chewy caramel last the half-hour wait for the train home. "I see lollies as magic, as something that holds a very important place in our childhood memories," said Ms Risson, a social history researcher. "It's wonderful that lollies like Minties and Fantales with a rich and long history are still sold today."

Australia's lolly history is a big sticky mess. For lolly expert Toni Risson, the evolution of Australian sweets is a history of sore throats and Saturday matinees.









At the time, Cobbers, as well as its wrapped counterpart Fantales, was made by the historical Sydney lolly business Sweetacres, which passed through several hands before being acquired by Swiss conglomerate Nestle in the '80s. Having amassed a portfolio of Australian confectionery brands and products, Nestle chose to slap the Allen's brand on Cobbers and Fantales, as well as on other Sweetacres products such as Minties and Jaffas. Australia's lolly history is preserved the Nestle archives.

"All the branding's been mixed up, because the products with Allen's branding aren't the ones from the old Melbourne confectioner Allen's, so it's like a big sticky mess now," said Ms Risson, who completed her PhD in Australian Iollies. For its 150th anniversary, Nestle has given Fairfax Media a peek into its extensive archives, which show how brand ownership, product packaging, advertising slogans and pricing have changed over many decades.

A price list from September 1992 reveals the price of a Fantales 300g "family" pack was \$2.85, which today, taking inflation into account, would be \$5.16. Since the same product is now 40g bigger and sold at Coles for \$5.50, shoppers are paying less for more. In its first few decades, Milo was marketed as a food that could "sooth senses, induce sleep, and nourish the sick". In its first few decades, Milo was marketed as a food that could "sooth senses, induce sleep, and nourish the sick".

It's a similar story with Minties. The 1992 price list shows the size and price of a Minties "family" pack was the same as Fantales. Fast forward to 2016, and the product is 70g heavier and available at Woolworths for \$5. Taking inflation into account, this again means shoppers are now paying less for more. "Minties were created by Sweetacres in 1922 and the famous line 'It's moments like these you need Minties' is among the longest-running in advertising history," said Ms Risson. "Reading the wrapper, tearing the wrapper to make it as long as possible, putting a Minties in the freezer to make it rock-hard or on the heater so it becomes soft, it's all part of the cultural meaning of lollies."

Pricewise, things are different with the 81-year-old chocolate-covered wafer Kit Kat. In 1992, a four-finger Kit Kat was 85¢, or in today's terms, \$1.54. Consumers are now paying \$2.20 for the same product, which has stayed the same shape and weight. The rise may be explained by the world's cocoa supplies running dangerously low and Nestle's commitment in 2013 to only use sustainably grown, UTZ-certified cocoa. Grappling with the same cocoa issues, its rival Cadbury chose to shrink its chocolate bars by 10 per cent and keep prices stable so they're still "affordable for families across Australia".

In response to health concerns over sugar, Nestle a couple of years ago slashed the size of its rainbow Killer Python in half. The powdered chocolate malt drink Milo was created by food scientist Thomas Mayne in 1934. In its first few decades, marketing materials show it was touted as a "fortified tonic food" that could "sooth senses, induce sleep, and nourish the sick". Tony Durante, Nestle's 72-year-old barista trainer, recalls the days after school in the late '50s when he stirred a spoonful of Milo into a cup of milk. He has worked for Nestle for more than 47 years. "Of course you would always try and cheat a little bit, putting a wet spoon into the powder and sneaking in an extra scoop. My mum wasn't very impressed," he said with a laugh. As it has for a long time, the Milo label features a child playing a sport. In recent years, reflecting ever-changing labelling laws, the daily intake guide has disappeared from the label and been replaced with the health star rating. Recently, Nestle was accused of making Milo appear healthy by slapping on a 4.5 health star rating on the tin, when the product without the milk would only achieve a 1.5-star rating.

#### DRINKS AND DESSERTS









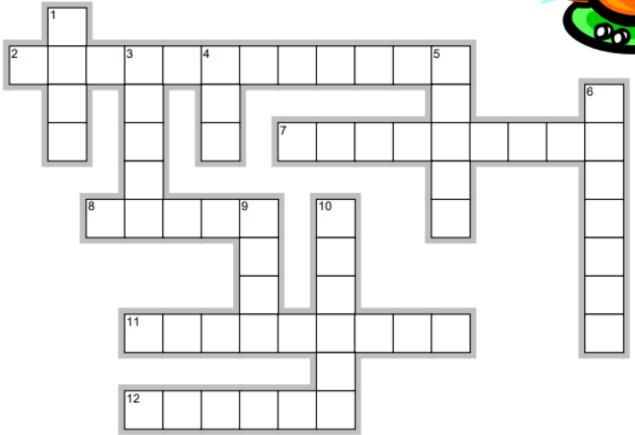




J \_ \_ \_ D \_ U \_ N \_ T C \_ \_ I \_ S B \_ \_ U \_ S I \_ D \_ M

#### Cocoa Crossword

Warm up with a hot cup of cocoa while you solve this simple crossword!



#### Across

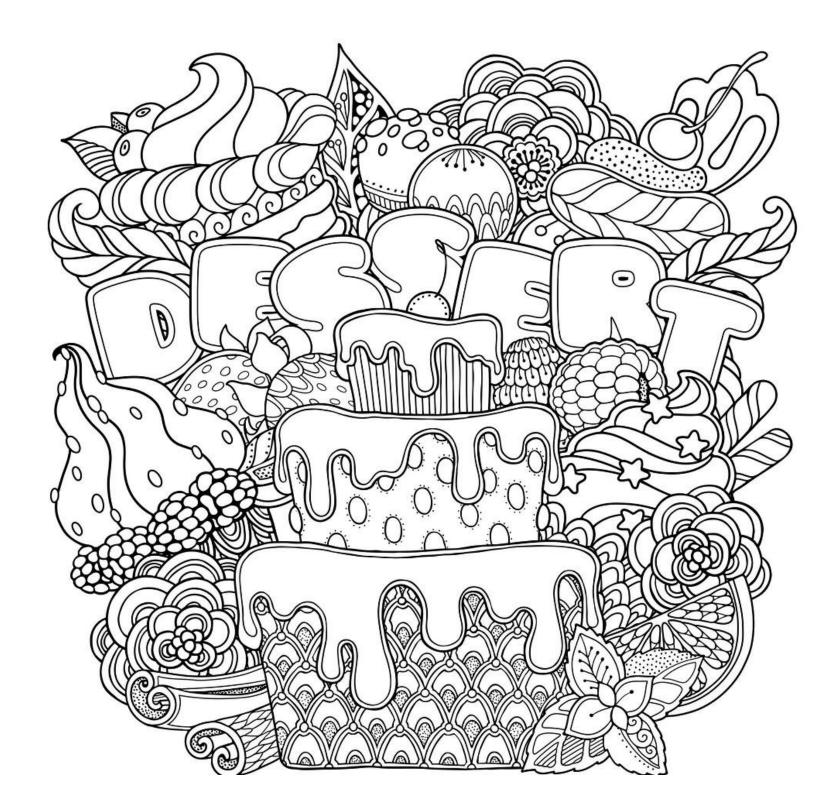
- Puffy white treats that make great cocoa toppers
- Ingredient that makes cocoa brown
- Cocoa can be topped with whipped \_\_\_\_\_.
- 11. Whistling container used for heating water
- Cocoa is sometimes served with a cup and \_\_\_\_.

#### Down

- Best temperature for drinkable cocoa
- Sweetener that's often used to make cocoa
- Handled drinking container
- 5. Use this to stir your beverage
- Name brand of powdered chocolate that you can add to milk
- This dairy product is cocoa's basic ingredient
- Season in which we drink the most cocoa



- 1 What kind of cake do you feed your rabbit?
- 2 What kind of cake is eaten annually?
- 3 What kind of cake does a mouse like best?
- 4 What kind of cake does a monkey like?
- 5 What kind of cake do you get in heaven?
- 6 What kind of cake is a big flop?
- 7 What kind of cake do you have for breakfast?
- 8 What kind of cake goes well on a saucer?
- 9 What is the heaviest cake?
- 10 What kind of cake is found on the ocean floor?
- 11 What kind of cake is the opposite of #5?
- 12 What kind of cake should be eaten in bed?
- 13 What kind of cake is a game for children?
- 14 What kind of cake do you order at a seafood restaurant?
- 15 What kind of cake do you find at a fabric store?
- 16 What is a pirate's favourite cake?
- 17 What cake do the English love to eat in the afternoon?
- 18 What cake has a lot of Ho Ho?
- 19 Which cake is name after a city in Scotland?
- 20 Michelangelo's favourite cake?





Outside the US and Canada, cookies are known as biscuits. A British person would only call a chocolate-chip biscuit a "cookie".

Americans consume over 2 billion cookies a year, which is around 300 cookies per person.

Christmas cookies date back to Medieval Europe.

German gingerbread 'Lebkuchen' was the first cookie associated with Christmas.

Biscuits were part of Navy provisions in the 18th and 19th centuries. Known as 'hardtack', they were made from stone ground flour, water and salt mixed into a dough and then baked. These inexpensive and long-lasting biscuits were used for sustenance in the absence of perishable foods that would last on long voyages.

The British took a special liking to cookies in the 19th century, incorporating them into their daily tea service and calling them biscuits.

The inspiration for the fortune cookie dates to when Chinese soldiers inserted rice paper messages into mooncakes to plan defence strategies against Mongolian invaders.

Shortbread cookies are thought to have originated in Scotland.

The first chocolate chip cookies appeared in 1937 in Massachusetts. They were made by Ruth Graves Wakefield, manager of the Toll House Restaurant.

The Oreo, developed by the American company Nabisco in 1912, was the best-selling cookie of the 20th century.

Dutch settlers in the United States introduced the 'koekje', or 'little cake' that eventually became the 'cookie'.

Gingerbread men cookies originate from the Court of Elizabeth I of England, who ordered the cookies to be baked in the likeness of important guests to her court.

#### Desserts Word Search

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BROWNIE
CAKE
CHEESECAKE
CHOCOLATE
COBBLER
COOKIE
CUPCAKE
DOUGHNUT

FLAN
FRUIT
FUDGE
ICE CREAM
MILKSHAKE
MOUSSE
PARFAIT
PASTY

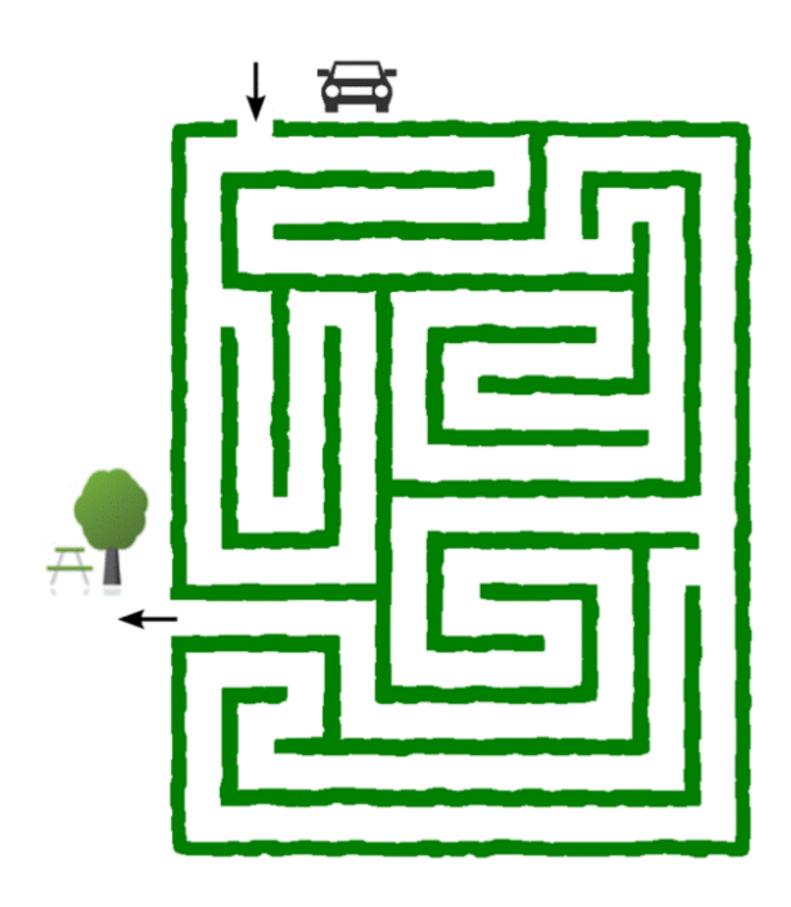
PIE
PUDDING
SMORES
SORBET
SUNDAE
TART
TRIFLE
TRUFFLE



#### Identify the Aussie Treat!



Caroline and her family are having a picnic in the park. Can you help them find their way through the hedge maze to the picnic area?



#### Find 5 differences



#### Names of sweets

D S Z 0 Z C G X Q Ε Z G R S Q Ε Q Н Ε S D В Ε G Χ Χ Z S S S S S 0 0 0 S S S Z N В D Ε S Т Χ G Z 0 S Ε Ν В В U R Z Z G W Χ Z Q E S G K В Т В D K Ε Т Z G Ε Z S Т Z Ε S Q S M 0 Q Z Z В Q S 0 Q S S Z S Z Z K Z Z Χ S Т Z 0 Q Ε Q Т В U R т В Z S Z Q S Q Z Χ 0

lollypops jelly babies skittles toffee bon bons randoms mint gobstopper

wine gums jelly beans haribo humbugs starburst sherbert

## Flavours of Ice Cream Word Scramble



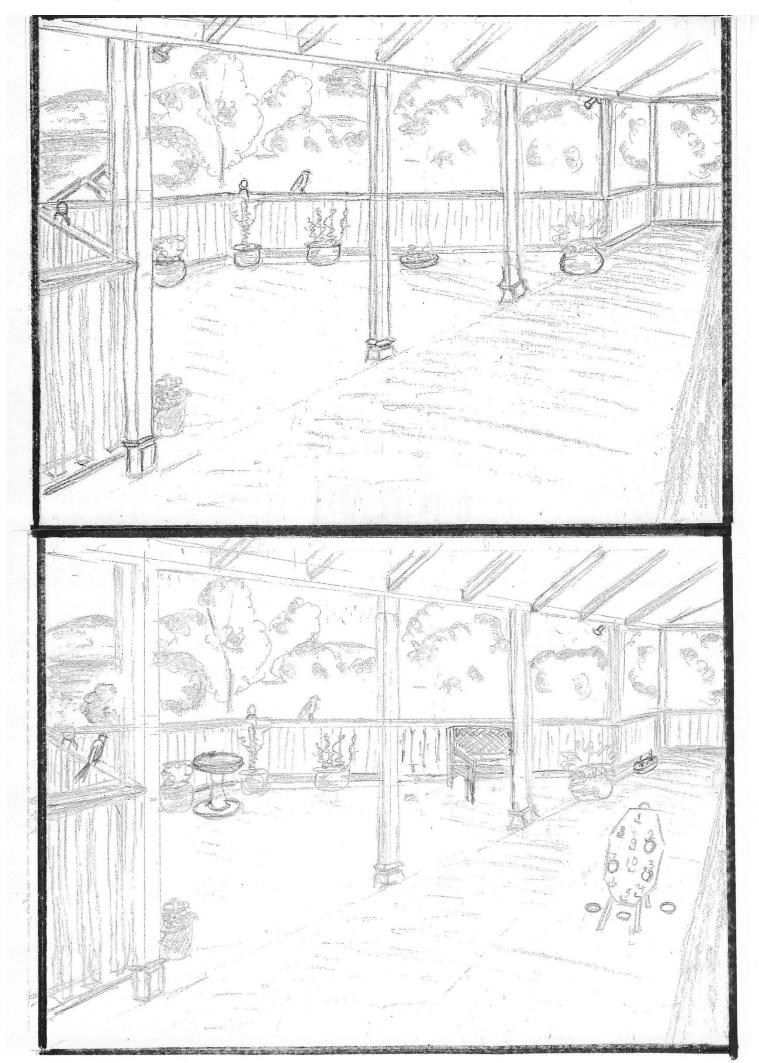
BEBULB MGU	EPMLA UWNALT
TGRIE IALT	HPOIISTCA
OAGMN	OKOCEI HDOGU
BBYRERUEL	TBTURE NCAEP
KCYRO ADOR	BAWSERYRTR
LVILANA	TITTU RFTITU
NPTUEA RTETUB	TSUTHTCBOREC PEPIRL
CRRYEH	NTIM CCEOTOHAL HIPC
TNANEOIPLA	SOEMO KCSTRA
GEPRA	CROIILCE
TCUCONO	BYPASRRERY IRLEPP
ESA ATLS MCALREA	SPRANELI & RMCEA

### DESSERTS

WORD SCRAMBLE

CAECKPU
EIP
BINOERW
YLEJL
TUNGUHOD
IRUSAIMT
BORETS
ICKOEO
FWELFA
FUNFIM
DUPINGD
LTOCAHOEC
FEGDU
ACEK
SMOESU

Can you find the 10 differences on Caladenia's veranda, drawn by Peter?



#### SUDOKU #3

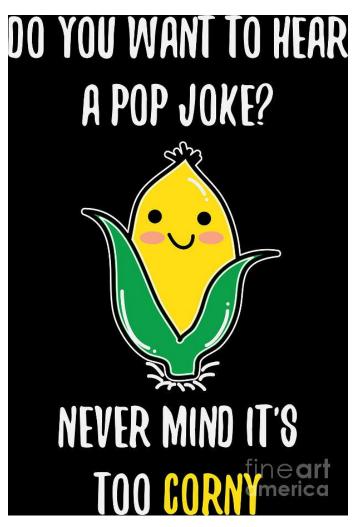
#### SUDOKU #4

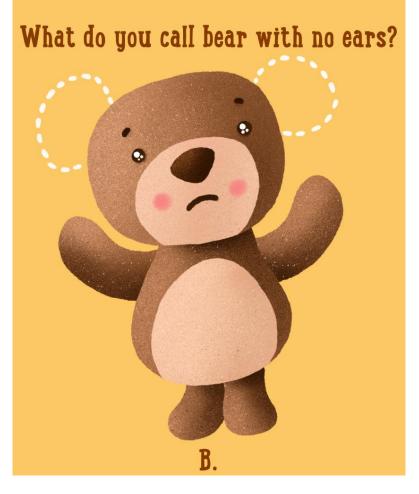
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		9	5	6		2	8	7
5		4	1	2	9			8
3	1				5			2
9								

		6	7		9	2		5
		1			8		တ	4
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9	8	7	4	5				6
	6						3	
3				9	2	5	8	7
4				7			6	2
1	7		9			8		
6		3	2		5	7		









#### WHAT DO YOU CALL A COW WITH NO LEGS?



BECOMING A VEGETARIAN



IS A BIG MISSED STEAK.

WHAT DO YOU CALL A PIG THAT DOES KARATE?



PORK CHOP

WHAT DO YOU CALL AN OWL THAT DOES MAGIC TRICKS?



HOODIN

WHAT DO YOU CALL AN ALLIGATOR IN A VEST?



AN INVESTIGATOR.

#### DESSERTS WORD SCRAMBLE **ANSWER KEY**

**CUPCAKE** PIE **BROWNIE JELLY DOUGHNUT TIRAMISU** 

**SORBET** COOKIE **WAFFLE MUFFIN** 

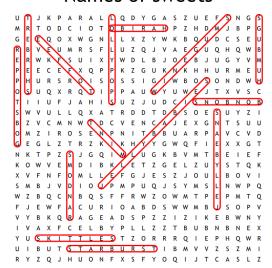
**PUDDING** 

CHOCOLATE

**FUDGE** CAKE

**MOUSSE** 

#### Names of sweets





1 Carrot Cake 2 Birthday Cake 3 Cheesecake 4 Banana Cake 5 Angel Food Cake 6 Upside Down Cake 7 Pancake 8 Cupcake 9 Pound Cake 10 Sponge Cake 11 Devil's Food Cake 12 Sheet Cake 13 Patty Cake 14 Crab Cake 15 Red Velvet Cake / Chiffon Cake 16 Rum Cake 17 Tea Cake 18 Christmas Cake 19 Dundee Cake 20 Marble Cake

#### Flavours of Ice Cream Word Scramble



BEBULB MGU BUBBLE GUM

TGRIE IALT TIGER TAIL

**OAGMN MANGO** 

BBYRERUEL BLUEBERRY

KCYRO ADOR ROCKY ROAD

LVILANA VANILLA

NPTUEA RTETUB PEANUT BUTTER

**CRRYEH CHERRY** 

TNANEOIPLA NEAPOLITAN

GEPRA GRAPE

TCUCONO COCONUT

ESA ATLS MCALREA SEA SALT CARAMEL SPRANELI & RMCEA CREAM

EPMLA UWNALT MAPLE WALNUT

HPOIISTCA PISTACHIO

OKOCEI HDOGU COOKIE DOUGH

TBTURE NCAEP BUTTER PECAN

BAWSERYRTR STRAWBERRY

TITTU RFTITU TUTTI FRUITI

BUTTERSCOTCH TSUTHTCBOREC PEPIRL RIPPLE

MINT CHOCOLATE NTIM CCEOTOHAL HIPC CHIP

SOEMO KCSTRA MOOSE TRACKS

CROILCE LICORICE

BYPASRRERY IRLEPP RIPPLE

#### DRINKS AND DESSERTS





#### SUDOKU #3

SOLUTION

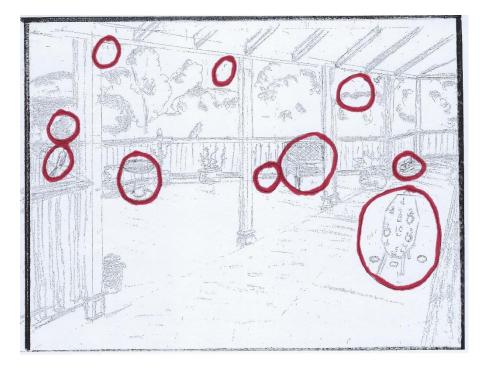


**SOLUTION** 

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8	9	6	თ	5	2	7	1	4
7	5	1	တ	4	6	8	2	3
6	7	3	2	8	4	9	5	1
2	8	5	7	9	1	4	3	6
1	4	9	5	6	3	2	8	7
5	6	4	1	2	9	3	7	8
3	1	8	4	7	5	6	9	2
9	2	7	6	3	8	1	4	5

8	4	6	7	3	9	2	1	5
7	2	1	5	6	8	3	9	4
5	3	9	1	2	4	6	7	8
9	8	7	4	5	3	1	2	6
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3	1	4	6	တ	2	5	8	7
4	5	8	3	7	1	9	6	2
1	7	2	တ	4	6	8	5	3
6	9	3	2	8	5	7	4	1





# Identify the Aussie Treat!

