



Welcome Everybody,

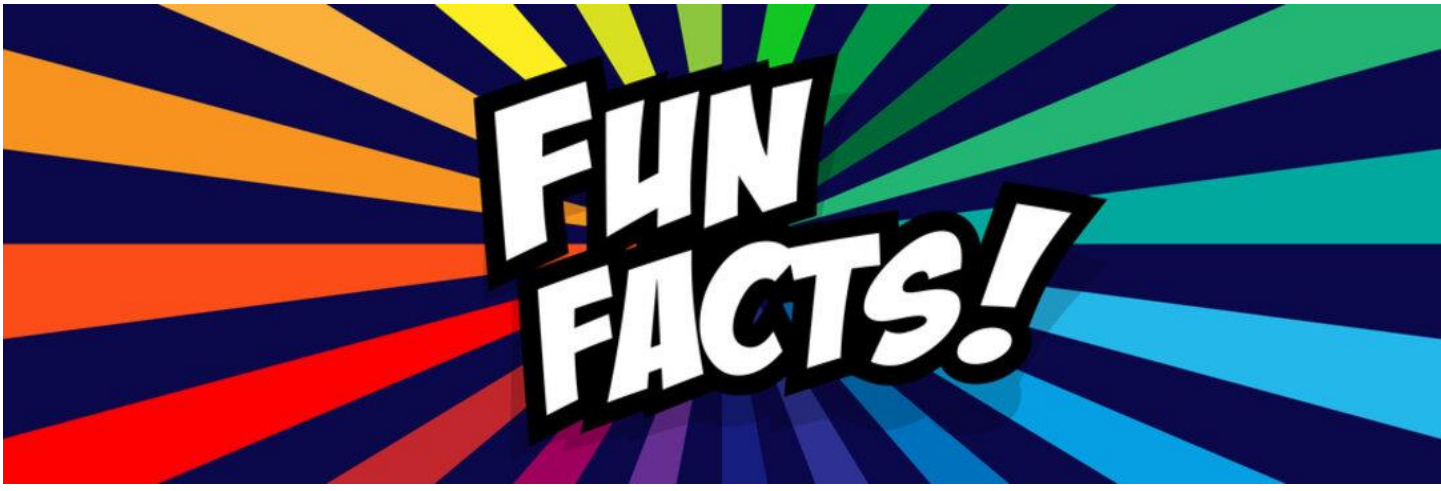
I hope you are not too hungry, this pack is full of Food!

What are your favourite savoury foods, and sweet foods?

Grab yourself a snack, a cuppa, and enjoy this activity pack!

Take Care Everybody,

The Caladenia Team



than 2,500 varieties of apples are grown in the United States, but only the crab-apple is native to North America.?

The banana plant is not only an herb, but the banana itself is a berry.

Cabbage is one of the oldest vegetables, dating back to the 1600's.

As far back as ancient Rome, celery was considered an aphrodisiac. Today, scientists know that celery contains androsterone, a pheromone released by men's sweat glands that attracts females.

On average one acre of grapes can produce around 15,000 glasses of wine.

The proper etiquette for eating peas is to squash them on the back of your fork.

The peach is a member of the rose family, and there are over 700 varieties of the fruit.

Anagrams

Unscramble the letters below to make words related to

FOOTWEAR. Two words in the clue = two-word answer. I have answered the first one for you

1. betall hoses.....Ballet shoes.....

2. glosc.....

3. cie steaks.....

4. plif-spluf.....

5. lorrel askset.....

6. kis stoob.....

7. prisslep.....

8. smupp.....

9. gashsole.....

10. setitslot.....

11. wasred.....

12. scamsonic.....

13. arkessen.....

14. flamport sheso.....

15. nestin hosse.....

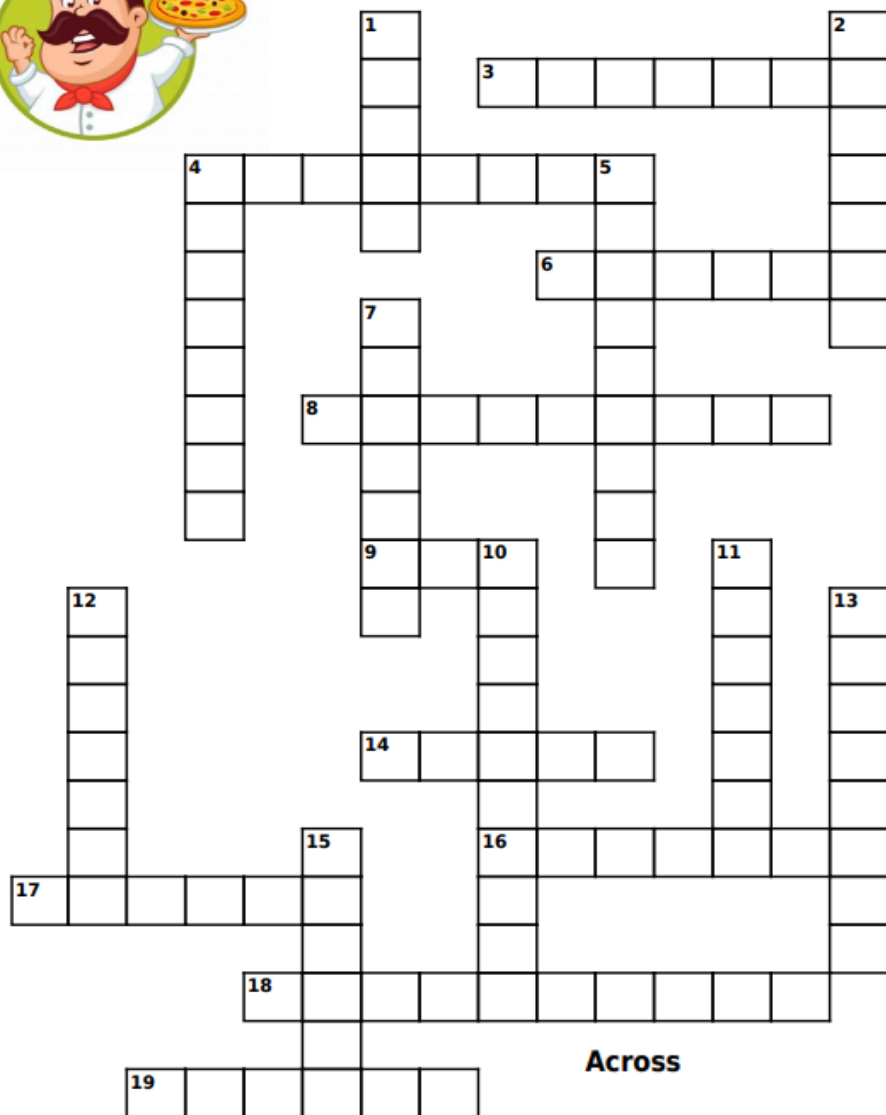
16. farsole.....

17. engilltown stobo.....





ITALIAN FOOD Crossword



Across

3. An Italian cheese made from whey rather than whole milk
4. The main ingredient of passata
6. Roman crowns and wreaths were made from this plant
8. Italian cheese made from buffalo's milk
9. What, in Italian, is 'prosciutto'?
14. The main ingredient in pesto
16. Small, square cases of pasta filled with meat or cheese
17. Is 'antipasti' commonly served before or after a meal?
18. Cylindrical type of lasagna that is stuffed and baked
19. Amaretti are crunchy biscuits with the flavour of which nut?

Down

1. Focaccia is a type of this
2. Small deep-fried pastry tubes with a sweet creamy filling
4. Coffee-flavoured Italian dessert
5. Italian pasta made in the form of long, thin strings
7. Italy's famous pillowy potato dumplings
10. A thick Italian soup made with vegetables and pasta
11. Rice dish cooked with broth until it reaches a creamy consistency
12. A type of pizza that is folded in half before cooking to contain a filling.
13. What name is given to a pizza with ham & pineapple?
15. Italian-style ice cream



See How you go with this quiz all the answers must be a fruit or vegetable beginning with each letter of the Alphabet

A apple

B _____

C _____

D _____

E _____

F _____

G _____

H _____

I _____

J _____

K _____

L _____

M _____

N _____

O _____

P _____

Q _____

R _____

S _____

T _____

U _____

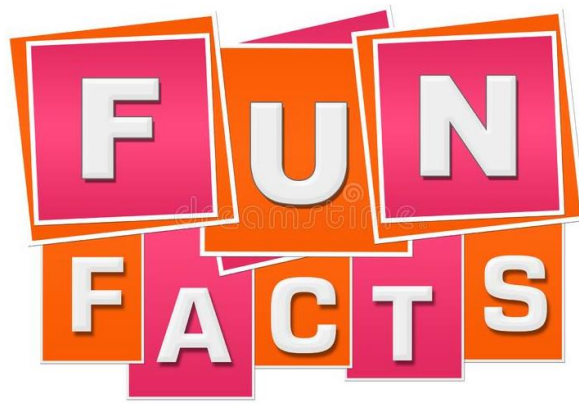
V _____

W _____

X _____

Y _____

Z _____



What is a fruit?

A fruit is defined as the developed of a seed plant with its contents and accessory parts, as the pea pod, nut, tomato, or pineapple. It is the edible part of a plant developed from a flower, with any accessory tissues, as the peach, mulberry, or banana. Some fruit is the often sweet and fleshy part of a plant on the outside of the fruit.

What is a vegetable?

All other edible plant parts are considered vegetables. A vegetable is a [Herbaceous plant](#) cultivated for an edible part, such as the root of the beet, the leaf of spinach, or the flowers buds of broccoli or cauliflower.

Examples of fruits and vegetables

Here is an interesting list of fruits that are often thought of as vegetables:

Tomatoes

Cucumbers

Squashes/ zucchini

Avocados

Green, red and yellow peppers

Peapods

Pumpkins

Olives

Sweet potatoes/ yams.

Differences in popular uses”

Traditionally, most people categorize “**vegetables**” as foods that are eaten as part of a meal’s main course and “fruits” as foods that are eaten for a dessert or as a snack.

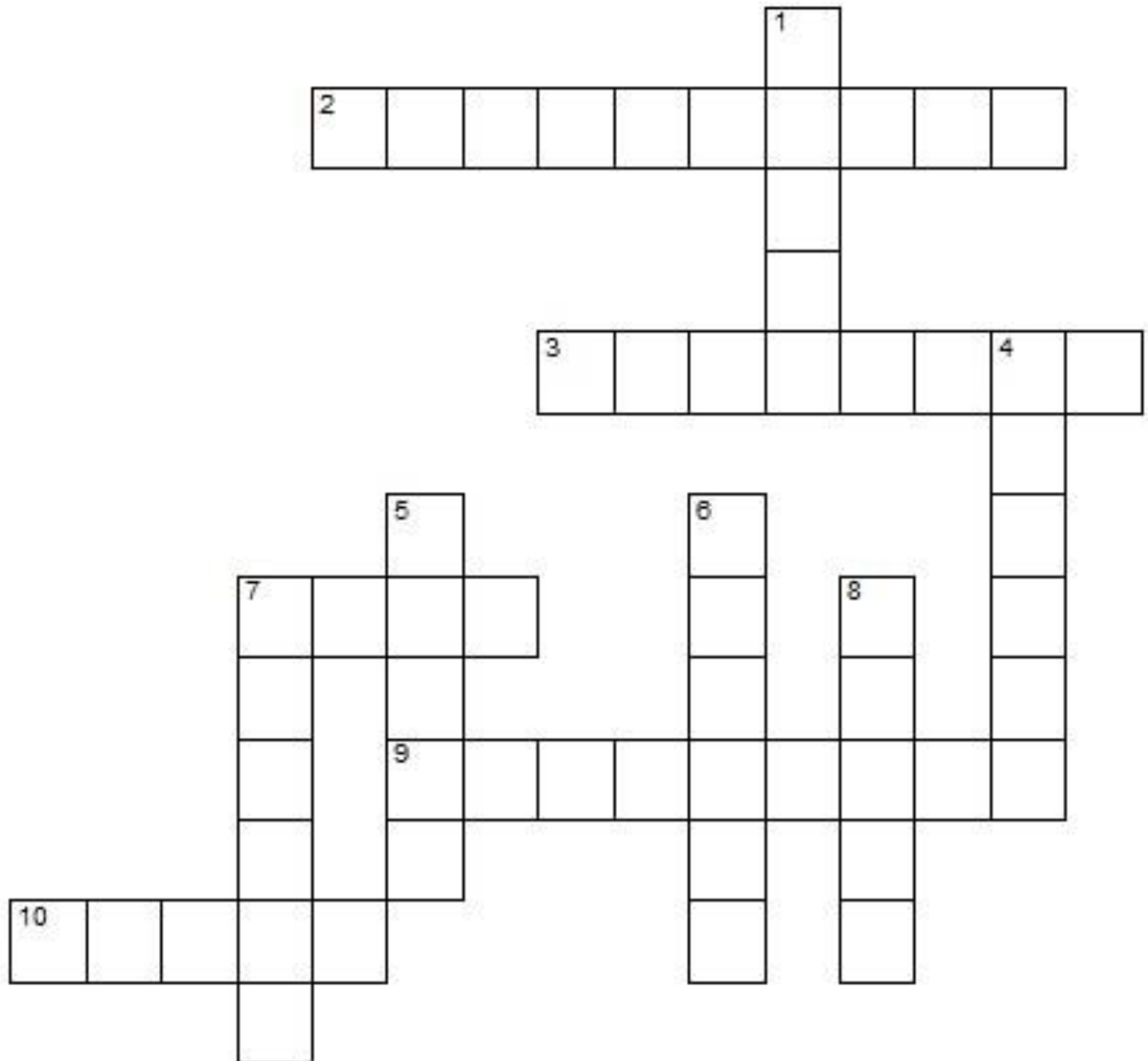
These days’ fruits and vegetable can be used together in different menus and from different countries. Hope you leant something today or you may have already known enjoy your next meal.

Fruit and veggies

W L I M A B E A N S D Z E G R Q E U A Z J J K U
 O L X Y R N D P M J B S P O M E G R A N A T E N
 F V K F D Z M W F I J V X R R U P L Z F S Q Y Q
 C H N R Q U L V B C A U L I F L O W E R Q G U C
 E D P S B C G I S Q U A S H L K X W K O G J A D
 C A R R O T S Y Q N L X T Z I T V I T C O R N B
 D H S I F M X B U O S R F Y N P D N D H V Q S N
 L O T P F L N W G Y S J T L M L F A A A E P X K
 X H R A P P L E O U X K V W A T E R M E L O N E
 G G A U B O U C Z C H E R R Y S L T F M O E N V
 G Z W P F X T O I A T T O M A T O W N Y R F Y U
 R V B G W W D M S Y V P R E I A L D L P A H N K
 E G E B L A C K B E R R Y Z X N B Q E Q N B J X
 E G R H X E Q C N U M C Y I R Z L G A A G R N C
 N X R I X X B E R E N J R Q J Q U U D H E O U W
 B R Y U E V U L A D U Y X K U A E U Z F S C C P
 E J S F L H K E S D W G P Y H C B F X B E C U I
 A X X R E J N R P O O R X I D I E B K W K O C N
 N K B B T R S Y B T Q A O Q G Q R B L R V L U E
 L I C J T X Q E E M Y P R A R G R O D E J I M A
 G Q H E U T N S R Z N E G G E W Y T I L E J B P
 K P S R C Q Q C R X R S M C N P A I R F D W E P
 K X W P E A V H Y U N X T D Z X E K I W I C R L
 C R H B E N R Z A F O N A P E P P E R S R E C E

Kiwi	Celery	Peppers	Blackberry
Green bean	Cauliflower	Pomegranate	Blueberry
Squash	Strawberry	Raspberry	Pineapple
Lima beans	Broccoli	Corn	Carrots
Pea	Tomato	Cucumber	Lettuce
Cherry	Grapes	Watermelon	Oranges
Apple			

Fruits and Veggies



Across:

- 2. shortcake friend
- 3. considered a fungus
- 7. popped or cobbled
- 9. tropical plant
- 10. can make one cry

Down:

- 1. fuzzy but yummy
- 4. from the sunshine state
- 5. comes in red and green
- 6. some look like acorns
- 7. good for vision
- 8. keeps the doctor away

Fruits Crossword

DIRECTIONS: Fill in the crossword puzzle grid with the name of each fruit following the numbers and direction indicated. Use the word bank if you get stuck.

1 ↓

2 ↓

3 →

4 ↓

5 →

6 →

7 ↓

8 →

9 →

10 ↓

11 →

12 ↓

13 ↓

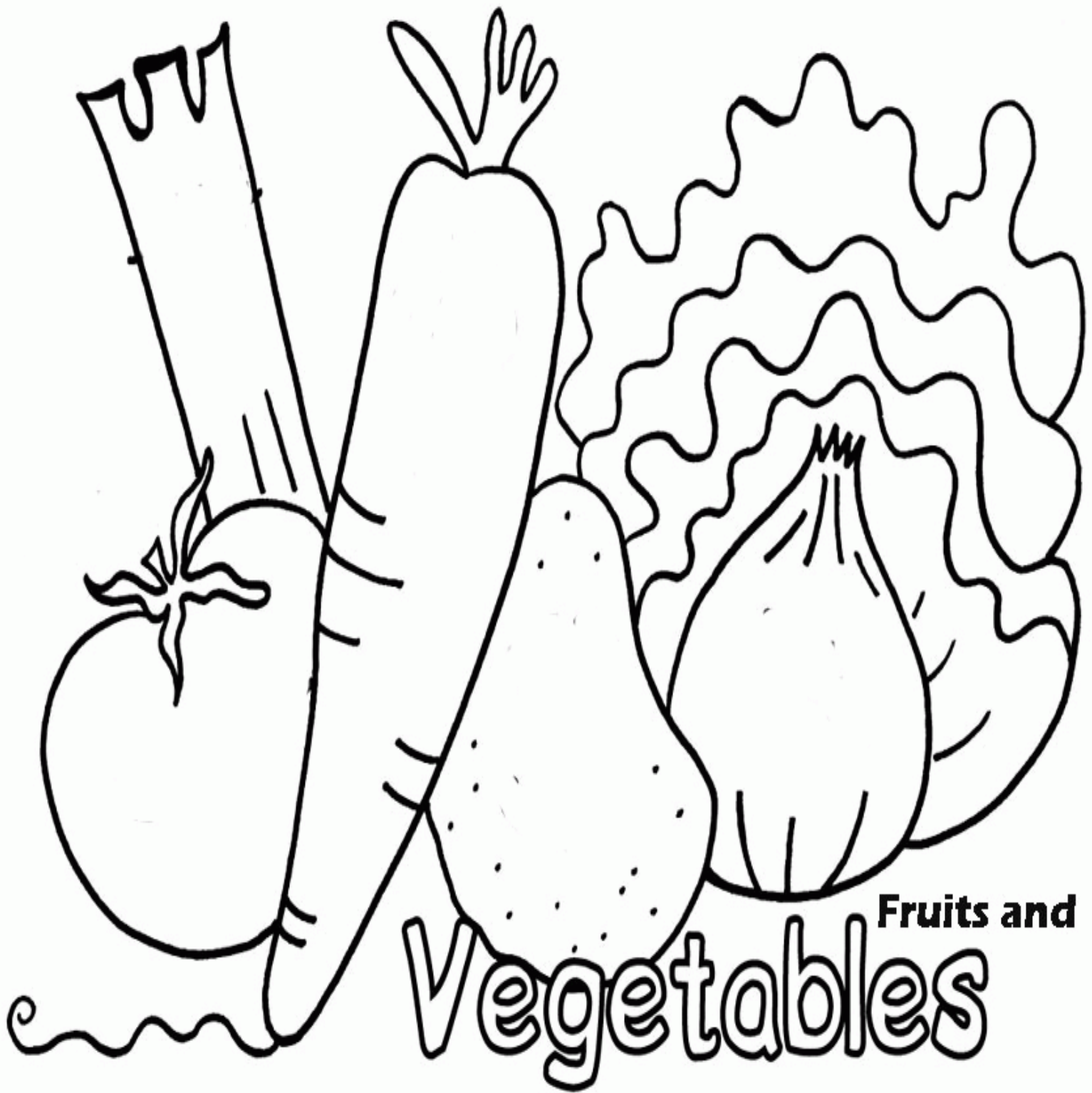
14 ↓

15 →

16 →

17 →

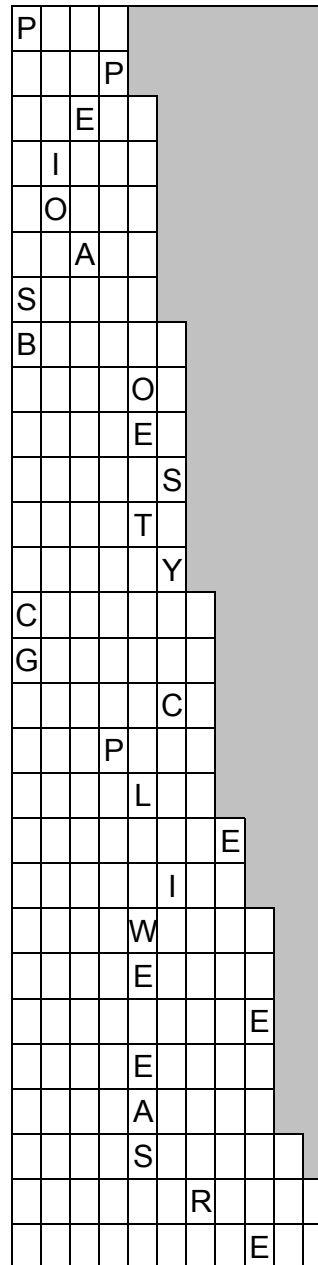
APPLE	KIWI
APRICOT	LEMON
AVOCADO	ORANGE
BANANAS	PEAR
BLACKBERRY	PINEAPPLE
CHERRIES	RASPBERRY
COCONUT	STRAWBERRY
GRAPEFRUIT	WATERMELON
GRAPES	



HOLIDAY FOODS!



___ pudding is a traditional English Christmas dessert
 ___ can be made by boiling leftover bones
 Can come in loaves, buns, dinner rolls or sticks
 Hot apple ___ is a favorite holiday drink
 "Christmas is coming the ___ is getting fat"
 What you can make with the turkey drippings - watch out for lumps!
 ___ potato pie, sometimes with marshmallows
 Dinner can be served formally at a table or as a free-for-all ___
 Rich, creamy holiday drink
 This type of potato goes well with gravy
 Young children sometimes put ___ on their fingers and eat them
 Some Jewish people eat latkes or ___ pancakes during Hanukkah
 This holiday staple can make you sleepy after you eat it
 Sugar, chocolate, macaroon, shortbread
 Formed in a mold with fruit, or whipped with cream into a salad
 Buffet meal where everyone brings a dish or dessert
 Usually made into a pie, but the roasted seeds can be tasty too
 A rolled, delicious cake that started as a fireplace tradition
 Nothing is as good mom's ___
 Made with dried bread and spices
 In Germany, Christmas foods include spice cookies and ___
 Green bean ___ with french fried onions
 A traditional holiday food that some love and many joke about
 This holiday pie ingredient is mostly fruit and nuts, not beef
 Tropical fruit that can be found topping ham and pork
 Round, nut-covered dairy product to be attacked with crackers
 Eat as a sauce or jelly, or string the berries as to make a garland
 These types of houses are fun to make and decorate



Enter unused letters from puzzle, in order:

Copy boxed letters to form your hidden message:

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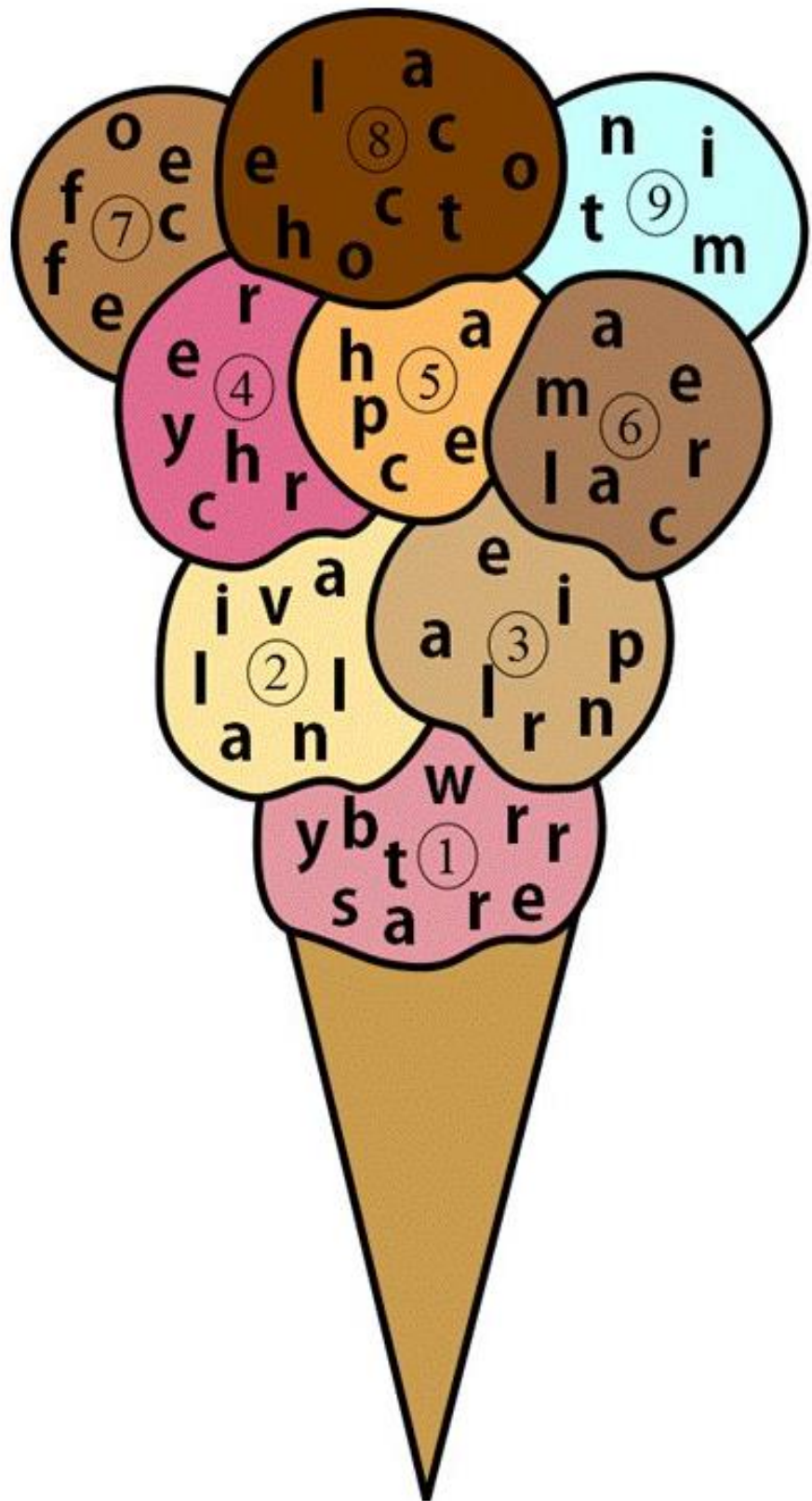
Spot the Differences

They look the same but there are 10 differences. Search for them!



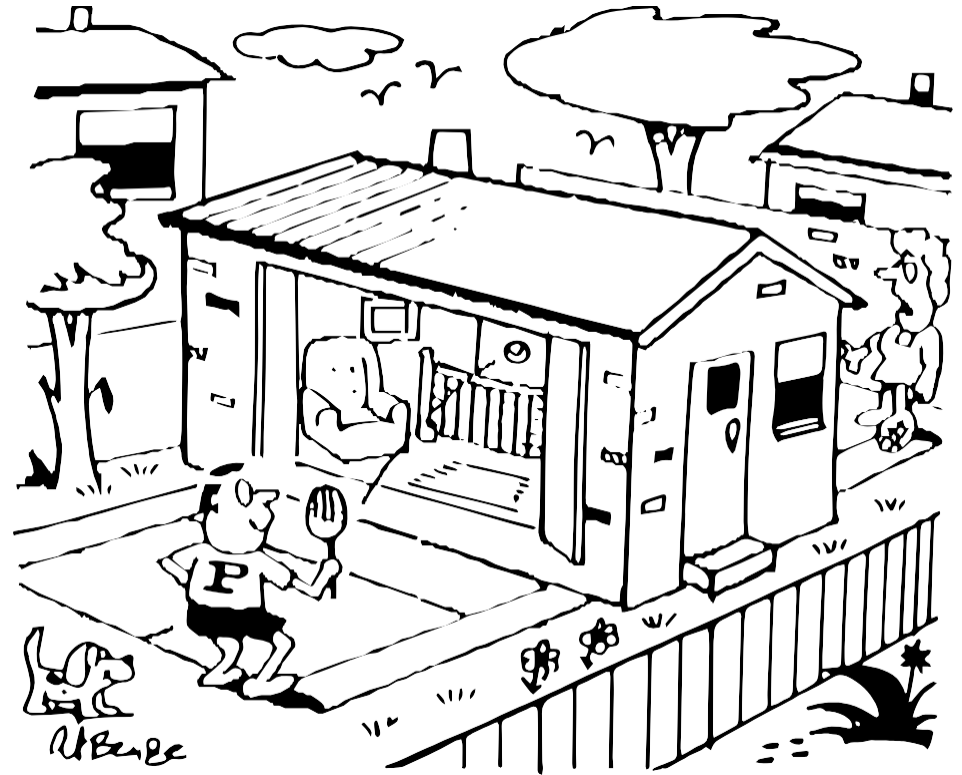
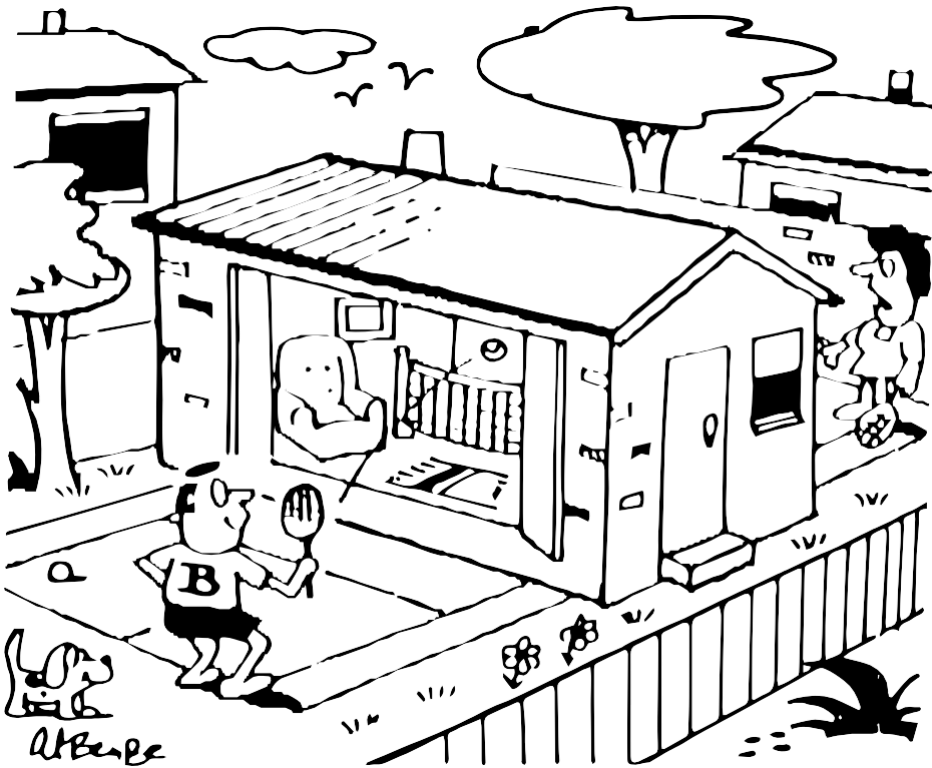
Andrew couldn't decide what flavor of ice cream he wanted most, so he just asked for a nine scoop cone. Unscramble the letters on each scoop to find out what flavors he enjoyed.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____



Spot The Differences

They look the same but there are 10 flaws to be found! See how many can you spot.



A	L	T
S	B	C
I	D	U

Target Letter Game

How many words can you make using the letters in the grid?

Instructions:

1. All words must contain the letter inside the black square.
2. Each letter can be used only once per word.
3. Words must contain at least three letters.
4. Names can be used.
5. Example being BALTIC

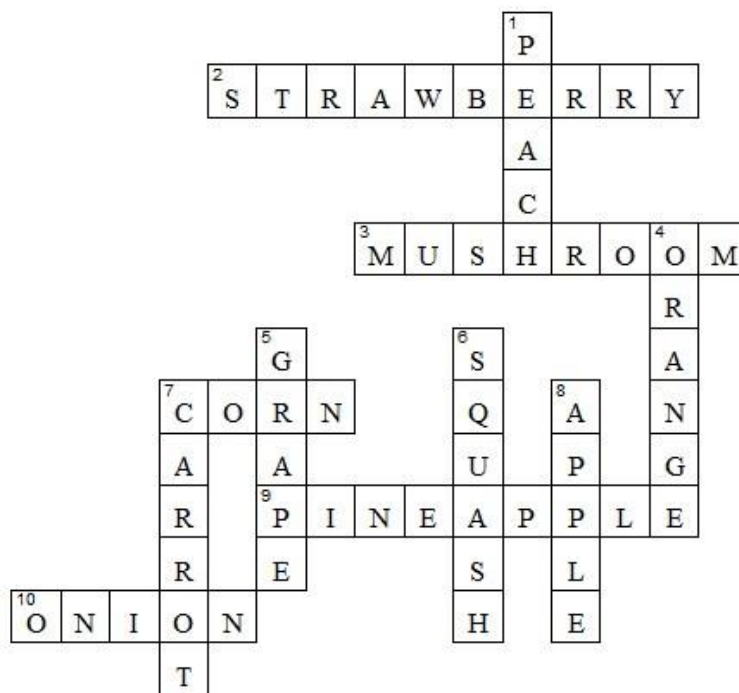
Jokes!



Anagram Solutions

1. Ballet shoes
2. Clogs
3. Ice skates
4. Flip-flops
5. Roller skates
6. Ski boots
7. Slippers
8. Pumps
9. Galoshes
10. Stilettos
11. Waders
12. Moccasins
13. Sneakers
14. Platform shoes
15. Tennis shoes
16. Loafers
17. Wellington boots

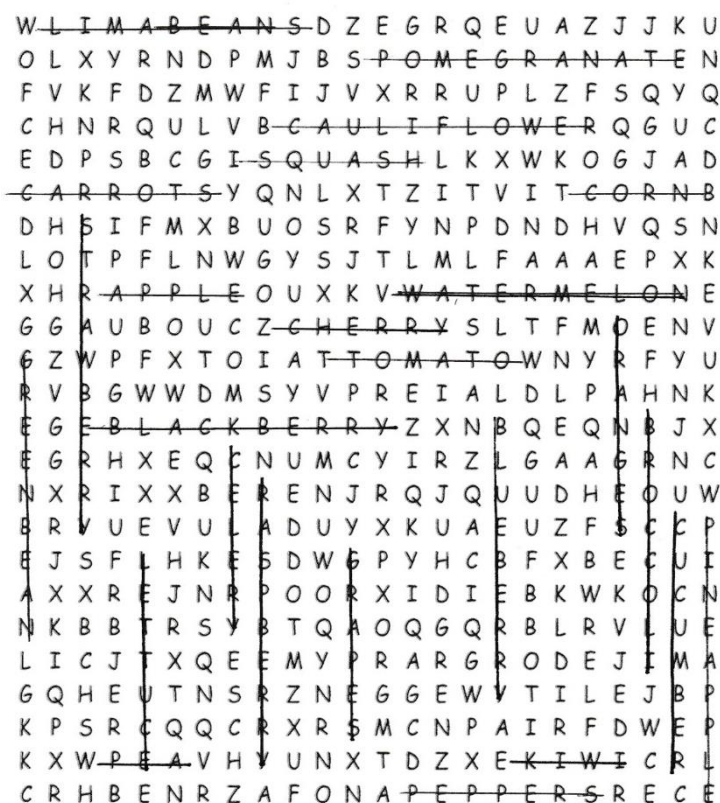
Fruits and Veggies



Ice Cream Scrabble Answers

- 1.Strawberry
- 2.Vanilla
- 3.Praline
- 4.Cherry
- 5.Peach
- 6.Caramel
- 7.Coffee
- 8.Chocolate
9. Mint

Fruit and veggies



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 Eat as a sauce or jelly, or string the berries as to make a garland
 These types of houses are fun to make and decorate

PLUM
 SODIP
 BREAD
 CIDER
 GODDE
 GRAVY
 SWEET
 BUFFET
 EGGNOG
 MASHED
 OLIVES
 POTATO
 TURKEY
 COOKIES
 GELATIN
 POTLUCK
 PUMPKIN
 YULELOG
 APPLEPIE
 STUFFING
 BRATWORST
 CASSEROLE
 FRUITCAKE
 MINCEMEAT
 PINEAPPLE
 CHEESEBALL
 CRANBERRIES
 GINGERBREAD

M T B R E A D S N Y E K R U T
 A O A E H G P I W G N S E C R
 S L J E O L K P R E T K R S E
 H I P O M P L A L U E A B E K
 E V S L M E V A F E N T U J A
 D E S U U Y C F B B P O F K C
 W S P O Y M T N E E C I F O T
 Y K B U U N H R I T S D E O I
 U C R O G P R N E M T E T C U
 L U E Y N I T A L E G O E V R
 E L D A E R B R E G N I G H F
 L T I S T S R U W T A R B D C
 O O C E C A S S E R O L E R C
 G P S E L P P A E N I P D O A
 I P T E G G N O G P O O T A T O

Enter unused letters from puzzle, in order:

E H N E R J K O W Y C B

U N T D O N E T Y O V

D E R C S D O A I P T

Copy boxed letters to form your hidden message:

E N J O Y B U T D O N T O V E R D O I T

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